





# Schedule hybrid LEVEL 1 - 2025

#### **THEORETICAL lessons online:**

Access to the online courses will be given after registration.

The lectures can be watched in Italian or English and must be attended in order to take part to the practical lessons onsite.

The online lessons will focus on the following topics:

- ❖ History of animal fascial manipulation
- ❖ Basics of the fascial system of the dog and horse
- ❖ Basics of the animal fascial manipulation in dogs and horses
- ❖ Location of the Centre of Coordination (CC) in dogs and horses:
  - Antemotion
  - Retromotion
  - Lateromotion
  - Mediomotion
  - Extrarotation
  - Intrarotation
- ❖ Movement testing (MOVE) in dogs and horses
- Treatment protocol of the animal fascial manipulation in dogs and horses
- ❖ Basics of the Assessment chart

#### **PRACTICAL** lessons onsite:

The practical lessons will be held in English, on 9<sup>th</sup>-11<sup>th</sup> June ± 12<sup>th</sup> June, in the Agripolis Campus of Padua University.

For the practice, participants will be divided into two groups: one for dogs and one for horses (based on the registration form). The horse group will move to the Azienda Agraria Sperimentale L.Toniolo of the University of Padua, no private transportation is needed to reach it. Practical lessons will be held in small groups of 3-4 person.

## DAY 1: 9th June 2025

9:00 - 10:30	Introduction level 1, basics of fascia - theory
10:30 – 10:45	Coffee break
10:45 – 12:00	Basics of animal fascial manipulation treatment protocol - theory
12:00 – 13:00	Lunch
13:00 – 14:30	Demo treatment by the instructor on horse - practical
14:30 – 14:45	Coffee break
14:45 – 17:00	Longitudinal palpation, superficial + Location of the Centre of the Coordination - <i>practical</i>







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## DAY 2: 10th June 2025

9:00 - 10:30	Densification, basics and palpation - <i>theory</i>
10:30 – 10:45	Coffee break
10:45 – 12:00	Fascia, prevention and rehabilitation of fascial tissue - theory
12:00 – 13:00	Lunch
13:00 – 15:00	CC, Segmental palpation - practical
15:00 – 15:15	Coffee break
15:15 – 17:00	Movement testing in practice + segmental palpation - <i>practical</i>

# DAY 3: 11<sup>th</sup> June 2025

9:00 - 10:30	Treatment principles of AFM - theory
10:30 – 10:45	Coffee break
10:45 – 12:00	Case examples of AFM - theory
12:00 – 13:00	Lunch
13:00 – 14:15	Demo treatment by the instructor on dog - practical
14:15 – 14:30	Coffee break
14:30 – 17:00	Treatment protocol in practice + Conclusion - <i>practical</i>

## **DISSECTION** lesson onsite:

12<sup>th</sup> June 2025: 9:00 – 13:30

It is possible (not mandatory) to attend a dissection lesson on horse and dog specimens. This offers the unique opportunity to observe and directly experience fascia, gaining a deeper understanding of its anatomical structure and crucial role in movement coordination and force transmission.

#### **FEES:**

<u>Level 1</u>: 750€. Only coffee breaks are included (lunch is not provided). Level 1 + Dissection lesson: 950€.